



BILAN ALLERGÈNES : allergène scolaires

du 7 au 11 octobre 2024

Nom de la prestation : PRIMAIRE

| Date | Famille recette | Nom recette | Allergènes | | | | | | | | | | | | | | |
|------------|--------------------------|--------------------------------------|--------------------|----------|--------|----------|-----------------|--------|------|-------|-----------|----------|-----|---------|--------|------|---------|
| | | | Abseonce allergene | Arachide | Céleri | Crustacé | Fruits à coques | Gluten | Lait | Lupin | molluques | Moutarde | Œuf | Poisson | Sésame | Soja | Sulfite |
| 07/10/2024 | Entrée | Betteraves bio aux noix | | | | x | | | | | | x | | | | | x |
| | Plat Protidique | Pané fromager bio | | | | | x | x | | x | | x | x | | | | |
| | Légumes | Haricots verts | x | | | | | | | | | | | | | | |
| | Fromage | Petit fromage blanc | | | | | | x | | | | | | | | | |
| | Dessert | Fruit bio | x | | | | | | | | | | | | | | |
| 08/10/2024 | Entrée | Flan poireaux | | | | | x | x | | | | | x | | | | |
| | Plat Protidique | Filet de colin meunière | | x | x | | x | x | | x | x | x | x | x | x | x | x |
| | Sans Viande / sans porcs | Tranchettes de poulet sauce poulette | | x | x | | x | x | | x | x | x | x | x | x | x | x |
| | Légumes | Riz | | | | x | | | | | | | | | | | |
| | Fromage | Cantal | | | | | | x | | | | | | | | | |
| | Dessert | Brassé à la pulpe de fruits | | | | | | x | | | | | | | | | |
| 10/10/2024 | Entrée | Œuf dur sauce béarnaise | | x | | | x | | | | | x | x | | x | | x |
| | Plat Protidique | Tagliatelle facon carbonara | | x | | x | x | x | | | x | x | | | x | | |
| | Sans viande/ sans porcs | Pavé de poisson mariné | | | | | x | x | | | | x | x | | | | |
| | Légumes | Pâtes nature | | | | | x | | | | | | | | | | |
| | Fromage | Yaourt nature sucré | | | | | | x | | | | | | | | | |
| | Dessert | Orange | x | | | | | | | | | | | | | | |
| 11/10/2024 | Entrée | Carottes rapées | | | | | | | | | | x | | | | | x |
| | Plat Protidique | Filet de colin pané | | | | | x | x | | x | | x | x | | | | |
| | Légumes | Fondue de poireaux | | | | | | x | | | | | | | | | x |
| | Fromage | Petit fromage blanc sucré | | | | | | x | | | | | | | | | |
| | Dessert | Clafoutis poire et chocolat | | | | | x | x | | | | | x | | | x | |



BILAN ALLERGÈNES : allergène scolaires

du 14 au 18 octobre 2024

Nom de la prestation : PRIMAIRE

| Date | Famille recette | Nom recette | Allergènes | | | | | | | | | | | | | | |
|------------|-------------------------|--|-------------------|----------|--------|----------|-----------------|--------|------|-------|------------|----------|-----|---------|--------|------|---------|
| | | | Absence allergene | Arachide | Céleri | Crustacé | Fruits à coques | Gluten | Lait | Lupin | mollusques | Moutarde | Œuf | Poisson | Sésame | Soja | Sulfite |
| 14/10/2024 | Entrée | Chou fleur bio | | | | | | | x | | | x | | | | | x |
| | Plat Protidique | Filet de colin sauce piment doux | | x | x | x | x | x | | | x | x | x | x | x | x | x |
| | Légumes | Haricots verts bio | x | | | | | | | | | | | | | | |
| | Fromage | Camembert | | | | | | x | | | | | | | | | |
| | Dessert | Mousse chocolat | | | | | | x | | | | | | | | x | |
| 15/10/2024 | Entrée | Endives vinaigrette | | x | | | | | | | | x | | | | | x |
| | Plat Protidique | Galettes végétariennes | | x | | | x | x | | | | x | x | | x | | |
| | Légumes | Purée de carottes au cumin | | x | | | | x | | | | | | | x | x | |
| | Fromage | Yaourt brassé a la fraise | | | | | | x | | | | | | | | | |
| | Dessert | Fruit | x | | | | | | | | | | | | | | |
| 17/10/2024 | Entrée | Céleri bio vinaigrette aux pommes | | x | | | | | | | | x | x | x | | x | |
| | Plat Protidique | Rougail saussisses | | x | | x | x | x | | | x | x | | x | x | x | |
| | Sans viande/ sans porcs | Tortilla (omelette et pomme de terre) | | | x | x | x | x | | | | x | | | | | |
| | Légumes | Riz mexicaine | | | | x | | | | | | | | | | | |
| | Fromage | Gouda | | | | | | x | | | | | | | | | |
| | Dessert | Compote pomme canelle | | | | | x | x | | | | | | | | | |
| 18/10/2024 | Entrée | Salade de pomme de terre aux épices | | x | | | x | | | | | x | x | | | | x |
| | Plat Protidique | Pavé de poisson huile et olive | | x | x | | x | x | | | | | x | x | | | |
| | Légumes | Petits pois | x | | | | | | | | | | | | | | |
| | Fromage | Édam | | | | | | x | | | | | | | | | |
| | Dessert | Gateau fromage blanc (muscade, canelle et gingembre) | | | | x | x | x | | | | | x | | x | | |